# **NEW ISLANDS DINING HALL**

Hours: Monday-Friday: NO BREAKFAST Lunch: 10:30am-4pm Dinner: 4pm-8pm Saturday & Sunday: Brunch: 10am-2pm (Closed 2pm-4pm) Dinner: 4pm-8pm

Prices: Breakfast: \$7.00 Lunch: \$9.25 Dinner: \$11.25

# MONDAY SEPTEMBER 18<sup>TH</sup>

# SANTA CATALINA PIZZA AND PASTA

- CHICKEN FRESCO, ONIONS, ARTICHOKE, GARLIC, BELL PEPPERS, SUNDRIED TOMATOES, PESTO CREAM, CHEESE RAVIOLI
- PIZZA DE JOUR AND CHEF'S FAVORITES

#### SANTA CATALINA MEXICAN GRILL

• PASTOR PORK QUESADILLA, PICO DE GALLO, QUESO FRESCO

#### FARMER'S MARKET

- ORGANIC FRUIT
- STRAWBERRY AND BANANA YOGURT SMOOTHIE
- TERIYAKI BROWN RICE AND
   VEGETABLE BOWL AND VEGAN
   CHICKEN

# SANTA ROSA GRILL

 GUACAMOLE BURGER, LETTUCE, PEPPER JACK, AND TOMATO ON SPECIALTY BUN

#### ANACAPA SALADS

• BEET SALAD AND CANDIED WALNUT, ARUGULA, GOAT CHEESE, CHAMPAGNE VINAIGRETTE

- PASTA PRIMAVERA, GARDEN FRESH VEGETABLES WITH GOLDEN ITALIAN DRESSING
- TRADITIONAL CAESAR SALAD
- TUNA SALAD WITH CHERRY TOMATOES, ASPARAGUS, EXTRA VIRGIN OLIVE OIL
- MEXICAN STREET CORN SALAD WITH CHICKEN, ONION, TOMATOES, CILANTRO, CHIPOTLE RANCH
- CUBAN STYLE JICAMA SALAD, RED PEPPERS, ONIONS, CUCUMBERS, CILANTRO AND LEMON DRESSING

# ANACAPA SOUPS

- CHICKEN NOODLE SOUP
- CREAM OF TOMATO BEEF MINESTRONE

# SANTA CRUZ SWEETS

- FROZEN YOGURT AND COOKIES (LUNCH & DINNER)

# TUESDAY SEPTEMBER 19<sup>™</sup>

# SANTA CATALINA PIZZA AND PASTA

- PENNE ABBRIATTA, CHILI FLAKES, ONIONS, GARLIC, BELL PEPPERS, OREGANO AND PARMESAN
- PIZZA DE JOUR AND CHEF'S FAVORITES

# SANTA CATALINA MEXICAN GRILL

- CHICKEN TAMALES, RICE, BEANS, HOUSE MADE SALSA, SOUR CREAM FARMER'S MARKET
  - ORGANIC FRUIT
  - ORGANIC LETTUCE WRAPS, EGGPLANT, SQUASH, ONIONS, BELL PEPPERS, CORN AND JICAMA SALSA WITH ANCHO AIOLI
- BERRY SMOOTH SMOOTHIE

# SANTA ROSA GRILL

• TRADITIONAL RUEBEN ON A HOAGIE, CORN BEEF, SAUERKRAUT, THOUSAND ISLANDS AND SWISS

#### ANACAPA SUSHI

- THAI PEANUT CHICKEN AND SOBA NOODLE SALAD
- THAI PEANUT AND SOBA NOODLE
   VEGETABLE SALAD
- SPICY TUNA
- CALIFORNIA ROLL

# ANACAPA SOUPS

- CHICKEN NOODLE
- BEEF, MUSHROOM AND POTATO
   LOBSTER BISQUE

#### SANTA CRUZ SWEETS

- FROZEN YOGURT AND COOKIES (LUNCH & DINNER)

# WEDNESDAY SEPTEMBER 20TH

# SANTA CATALINA PIZZA AND PASTA

- NEW ORLEANS PASTA, CAJUN SAUSAGE AND BLACKENED CHICKEN, ONIONS, BELL PEPPERS AND CAJUN CREAM SAUCE
- PIZZA DE JOUR AND CHEF'S
   FAVORITES

# SANTA CATALINA MEXICAN GRILL

• SOPES, GROUND BEEF, BEANS, LETTUCE, SOUR CREAM, PICO DE GALLO, COTIJA CHEESE

#### FARMER'S MARKET

- ORGANIC FRUIT
- VEGAN MUSHROOM BROTH BOWL, AND BROWN RICE
- PINEAPPLE, ORANGE AND VANILLA YOGURT SMOOTHIE

# SANTA ROSA GRILL

- CCC PATTY, CRISPY CHICKEN PATTY, CHIPOTLE AIOLI ON CIABATTA, LETTUCE, TOMATO AND PROVOLONE ANACAPA SALADS

## BEET SALAD AND CANDIED WALNUT, ARUGULA, GOAT CHEESE, CHAMPAGNE VINAIGRETTE

- PASTA PRIMAVERA, GARDEN FRESH VEGETABLES WITH GOLDEN ITALIAN DRESSING
- TRADITIONAL CAESAR SALAD
- TUNA SALAD WITH CHERRY TOMATOES, ASPARAGUS, EXTRA VIRGIN OLIVE OIL
- MEXICAN STREET CORN SALAD WITH CHICKEN, ONION, TOMATOES, CILANTRO, CHIPOTLE RANCH
- CUBAN STYLE JICAMA SALAD, RED PEPPERS, ONIONS, CUCUMBERS, CILANTRO AND LEMON DRESSING

# ANACAPA SOUPS

- CHICKEN NOODLE
- CHICKEN ORZO
- CREAM OF MUSHROOM

# SANTA CRUZ SWEETS

- FROZEN YOGURT AND COOKIES (LUNCH & DINNER)

# <u>THURSDAY SEPTEMBER 21<sup>ST</sup></u>

# SANTA CATALINA PIZZA AND PASTA

- CHICKEN AND BROCCOLI WITH BOWTIE, PARMESAN SAUCE, TOMATOES, ONIONS AND MUSHROOMS
- PIZZA DE JOUR AND CHEF'S
   FAVORITES

#### SANTA CATALINA MEXICAN GRILL

 TACO THURSDAY, PORK PASTOR AND CARNE ASADA

#### FARMER'S MARKET

- ORGANIC FRUIT
- SHITAKE AND ASPARAGUS TACOS, JICAMA SLAW, MANGO SALSA
- FRESH BLENDER GREEN SMOOTHIES
  SANTA ROSA GRILL
  - GRILLED CHEESE WITH ROAST BEEF, SWISS, HORSERADISH AIOLI AND TOMATOES

#### ANACAPA SALADS

- BEET SALAD AND CANDIED WALNUT, ARUGULA, GOAT CHEESE, CHAMPAGNE VINAIGRETTE
- PASTA PRIMAVERA, GARDEN FRESH VEGETABLES WITH GOLDEN ITALIAN DRESSING
- TRADITIONAL CAESAR SALAD
- TUNA SALAD WITH CHERRY TOMATOES, ASPARAGUS, EXTRA VIRGIN OLIVE OIL
- MEXICAN STREET CORN SALAD WITH CHICKEN, ONION, TOMATOES, CILANTRO, CHIPOTLE RANCH
- CUBAN STYLE JICAMA SALAD, RED PEPPERS, ONIONS, CUCUMBERS, CILANTRO AND LEMON DRESSING

#### ANACAPA SOUPS

- CHICKEN NOODLE
- BROCCOLI AND CHEDDAR
- CHICKEN AND RICE

#### SANTA CRUZ SWEETS

- FROZEN YOGURT AND COOKIES (LUNCH & DINNER)

# FRIDAY SEPTEMBER 22<sup>ND</sup>

#### SANTA CATALINA PIZZA AND PASTA

- TORTELLINI AND CHICKEN ALFREDO WITH SAUSAGE, PEPPERS, TOMATOES AND ONIONS
- PIZZA DE JOUR AND CHEF'S FAVORITES

#### SANTA CATALINA MEXICAN GRILL

 SWEATY TACOS, BEEF BARBACOA, LETTUCE, PICO DE GALLO, TOMATILLO SALSA

## FARMER'S MARKET

- ORGANIC FRUIT
- ROASTED VEGETABLES AND PESTO MEDLEY WITH GLUTEN FREE PASTA
- BERRY DELICIOUS SMOOTHIE

#### SANTA ROSA GRILL

 TERIYAKI PULLED BEEF STEAM BUN WITH SRIRACHA COLESLAW

#### ANACAPA SALADS

- CHICKEN WALDORF, CRAPES, CELERY, RAISINS, CANDIED PECANS
- ORZO MEDITERRANEAN, TOMATOES, OLIVES, CUCUMBERS AND FETA
- TRADITIONAL CAESAR SALAD
- STRAWBERRY SALAD, WALNUTS, GOAT CHEESE, RED ONIONS ORANGE VINAIGRETTE
- NOPALES, TOMATOES, CILANTRO, RED ONIONS AND PICKLED JALAPENOS
- TURKEY COBB SALAD, EGGS, BACON, TOMATOES, BLUE CHEESE, CUCUMBERS, RANCH

#### ANACAPA SOUPS

- CHICKEN NOODLE
- GARDEN VEGETABLE
- CLAM CHOWDER

#### SANTA CRUZ SWEETS

 FROZEN YOGURT AND COOKIES (LUNCH & DINNER)

# SATURDAY & SUNDAY SEPTEMBER 23<sup>RD</sup> & 24<sup>TH</sup>

- FULL SERVICE BREAKFAST GRILL
- OMELET STATION
- YOGURT BAR WITH ORGANIC GRANOLA
- ASSORTED DAILY HOT ENTREES SPECIALS
- CEREAL BAR
- FULL SALAD, FRUIT AND DRESSING
   STATION
- WAFFLE STATION

#### SANTA ROSA GRILL

CHEF'S CHOICE

- ANACAPA SALADS
- CHEF'S CHOICE
- FAMER'S MARKET STATION
- CHEF'S CHOICE

#### SANTA CRUZ SWEETS

 FROZEN TREATS AND COOKIES (BRUNCH AND DINNER)

# **ISLANDS CAFE DINING HALL**

**Hours:** Monday – Friday:

Breakfast: 7am-10:30pm Lunch: 10:30- 4pm

- Dinner: 4pm-8pm
- Saturday & Sunday: Brunch: 10am-2pm (Closed 2pm-4pm) Dinner: 4pm-8pm

Prices: Breakfast: \$7.00

Lunch/Brunch: \$9.25 Dinner: \$11.25

# MONDAY SEPTEMBER 18<sup>TH</sup>

#### SAN CLEMENTE ENTREES AND SIDES

#### LUNCH

- TANDOORI WHITE FISH WITH CUCUMBER AND YOGURT SAUCE
- **RICE PILAF** ٠
- LEMON PEPPER VEGETABLE MEDLEY •

#### DINNER

- **BBQ QUARTER CHICKEN** .
- GARLIC WHIPPED POTATOES
- **ROASTED CORN & VEGETABLE MEDLEY** .

# SAN NICHOLAS DELI

JALAPENO BLT ON FLAT BREAD WITH MOZZARELLA

#### SANTA ROSA BREAKFAST

CHORIZO AND EGG BURRITO WITH • POTATOES AND CHEESE

# SAN MIGUEL PAN ASIAN GRILL

- KUNG PAO CHICKEN .
- **STIR FRY NOODLES**
- STEAMED RICE .
- POT STICKER, WONTON OR EGGROLLS ٠ SANTA CRUZ SWEETS
- FROZEN YOGURT AND COOKIES

# TUESDAY SEPTEMBER 19<sup>TH</sup>

- SAN CLEMENTE ENTREES AND SIDES
- TORTILLA CRUSTED CHICKEN, TOMATILLO **CREAM SAUCE**
- **ROASTED RED POTATOES**
- FAJITA STYLE VEGETABLES

# DINNER

- POMEGRANATE GLAZED PORK LOIN
- WHIPPED POTATOES
- GARLIC SCENTED VEGETABLES SAN NICHOLAS DELI
  - BLACKENED CHICKEN CAESAR WRAP

# SANTA ROSA BREAKFAST

- CHORIZO AND EGG BURRITO WITH POTATOES AND CHEESE
- SAN MIGUEL PAN ASIAN GRILL
- **ORANGE CHICKEN**
- **STIR FRY NOODLES**
- STEAMED RICE
- POT STICKER, WONTON OR EGGROLLS SANTA CRUZ SWEETS
- FROZEN YOGURT AND COOKIES

# WEDNESDAY SEPTEMBER 20TH

#### SAN CLEMENTE ENTREES AND SIDES LUNCH

- **CHICKEN FRESCO, SUNDRIED TOMATOES,** • **ARTICHOKES, ONIONS AND PESTO CREAM** SAUCE
- WILD RICE PILAF
- **GREEN BEANS AND VEGETABLE MEDLEY** •

# DINNER

- **BEEF STEW, ONIONS, CARROTS, BACON** AND MUSHROOMS
- **BUTTERY WHIPPED POTATOES**
- SAUTÉED SQUASH AND PEPPERS

#### SAN NICHOLAS DELI

ITALIAN SANDO, MORTADELLA, PROSCIUTTO, SALAMI AND HAM, **PICKLED VEGETABLE RELISH, PROVOLONE AND AIOLI** 

# SANTA ROSA BREAKFAST

 CHORIZO AND EGG BURRITO WITH POTATOES AND CHEESE

## SAN MIGUEL PAN ASIAN GRILL

- LEMONGRASS CHICKEN
- **STIR FRY NOODLES**
- STEAMED RICE
- POT STICKER, WONTON OR EGGROLLS SANTA CRUZ SWEETS
- FROZEN YOGURT AND COOKIES

# THURSDAY SEPTEMBER 21<sup>ST</sup> SAN CLEMENTE ENTREES AND SIDES

- LUNCH
- CHICKEN CAPRESE, TOMATO, PESTO AND FRESH MOZZARELLA
- **GARLIC WHIPPED POTATOES**
- ITALIAN VEGETABLES

# DINNER

- **KOREAN MARINATED TRI TIP**
- **EDAMAME JASMIN RICE**
- SAUTÉED SQUASH AND PEPPERS

# SAN NICHOLAS DELI

- **ROAST BEEF AND PEPPER JACK CIABATTA WITH HORSE RADISH AIOLI** SANTA ROSA BREAKFAST
- CHORIZO AND EGG BURRITO WITH POTATOES AND CHEESE SAN MIGUEL PAN ASIAN GRILL
- SWEET AND SOUR CHICKEN WITH, PINEAPPLES, ONIONS AND PEPPERS
- STIR FRY NOODLES

- STEAMED RICE •
- POT STICKER, WONTON OR EGGROLLS SANTA CRUZ SWEETS
- FROZEN YOGURT AND COOKIES

# FRIDAY SEPTEMBER 22<sup>ND</sup>

#### SAN CLEMENTE ENTREES AND SIDES LUNCH

- **BLACKENED TILAPIA, MANGO SALSA**
- **RICE PILAF**
- SAUTÉED VEGETABLES

# SAN NICHOLAS DELI

HUMMUS, SPROUTS, TOMATOES, AVOCADO, TANDOORI AIOLI ON NAAN BREAD

## SANTA ROSA BREAKFAST

CHORIZO AND EGG BURRITO WITH POTATOES AND CHEESE

## SAN MIGUEL PAN ASIAN GRILL

- **TEMPURA CHICKEN AND PEPPER WITH** SESAME SAUCE
- STIR FRY NOODLES
- **STEAMED RICE**
- POT STICKER. WONTON OR EGGROLLS SANTA CRUZ SWEETS
- FROZEN YOGURT AND COOKIES

# **SATURDAY & SUNDAY** SEPTEMBER 23RD & 24TH BREAKFAST

- FULL SERVICE BREAKFAST GRILL •
- **OMELET STATION**

**CEREAL BAR** 

WAFFLE STATION

SMOOTHIE AND JUICE BAR

**STATION** 

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YOGURT BAR WITH ORGANIC GRANOLA

FULL SALAD, FRUIT AND DRESSING

ASSORTED DAILY HOT ENTREES SPECIALS