NEW ISLANDS DINING HALL

Hours: Monday-Friday: NO BREAKFAST Lunch: 10:30am-4pm Dinner: 4pm-8pm Saturday & Sunday: Brunch: 10am-2pm (Closed 2pm-4pm) Dinner: 4pm-8pm

Prices: Breakfast: \$7.00 Lunch: \$9.25 Dinner: \$11.25

MONDAY FEBRUARY 5TH

SANTA CATALINA PIZZA AND PASTA

- CHICKEN FRESCO, ONIONS, ARTICHOKE, GARLIC, BELL PEPPERS, SUNDRIED TOMATOES, PESTO CREAM, CHEESE RAVIOLI
- PIZZA DE JOUR AND CHEF'S FAVORITES
- SANTA CATALINA MEXICAN GRILL
 - CHICKEN CARNITAS WET BURRITO, RED SAUCE AND QUESO COTIJA

FARMER'S MARKET

- ORGANIC PEARS AND APPLES
- GLUTEN FREE WRAP, ARUGULA, AVOCADO, CHERRY TOMATOES WITH LEMON VINAIGRETTE, BALSAMIC LENTILS
- SMOOTHIE OF THE DAY

SANTA ROSA GRILL

 TRADITIONAL RUEBEN, CORN BEEF, SAUERKRAUT, THOUSAND ISLAND AND SWISS ON RYE BREAD

ANACAPA SALADS

HAWAIIAN TUNA POKE SALAD WITH
 PINEAPPLE

- CRISPY BUFFALO CHICKEN SALAD WITH ICEBERG, TOMATOES, CELERY, ONIONS, OLIVES AND RANCH
- TRADITIONAL CAESAR SALAD
- TRIO OF BERRY AND GOAT CHEESE ORGANIC GREEN, RASPBERRY VINAIGRETTE
- CAPRESE SALAD, TOMATOES, BASIL
 AND FRESH MOZZARELLA
- PAN ASIAN VEGETABLE SALAD, SESAME GINGER VINAIGRETTE

ANACAPA SOUPS

- CHICKEN TORTILLA
- BEEF, MUSHROOM AND BARLEY
- VEGETABLE TORTILLA

SANTA CRUZ SWEETS

 FROZEN YOGURT AND COOKIES (LUNCH & DINNER)

TUESDAY FEBRUARY 7TH

SANTA CATALINA PIZZA AND PASTA

- PENNE ABBRIATTA, CHILI FLAKES, ONIONS, GARLIC, BELL PEPPERS, OREGANO AND PARMESAN
- PIZZA DE JOUR AND CHEF'S
 FAVORITES

SANTA CATALINA MEXICAN GRILL

- SPANISH FAJITA PHILLY ON TELERA, SAUTEE BEEF, PEPPERS AND ONIONS, PICO DE GALLO, TOMATOES, SOUR CREAM AND QUESO FRESCO FARMER'S MARKET
- FRESH ORGANIC FRUITS
- GLUTEN FREE TERIYAKI BOWL, ASSORTED FRESH PICKED VEGETABLES SAUTÉED WITH GINGER AND GARLIC AND FINISHES WITH GLUTEN FREE TERIYAKI, ORGANIC BROWN RICE
- SMOOTHIE OF THE DAY

SANTA ROSA GRILL

BBQ PULLED PORK STEAM BUNS, ASIAN
 SLAW AND SIRACH MAYO

ANACAPA SUSHI

- THAI PEANUT CHICKEN AND SOBA NOODLE SALAD
- THAI PEANUT AND SOBA NOODLE
 VEGETABLE SALAD
- SPICY TUNA
- CALIFORNIA ROLL

ANACAPA SOUPS

- CHICKEN TORTILLA
- CHICKEN, ORZO AND TOMATO
- VEGETABLE TORTILLA

SANTA CRUZ SWEETS

FROZEN YOGURT AND COOKIES
 (LUNCH & DINNER)

WEDNESDAY FEBRUARY 8TH

SANTA CATALINA PIZZA AND PASTA

- NEW ORLEANS PASTA, CAJUN
 SAUSAGE AND BLACKENED CHICKEN,
 ONIONS, BELL PEPPERS AND CAJUN
 CREAM SAUCE
- PIZZA DE JOUR AND CHEF'S FAVORITES

SANTA CATALINA MEXICAN GRILL

 SHRIMP CEVICHE TOSTADA, LETTUCE, PICO DE GALLO AND QUESO FRESCO

FARMER'S MARKET

- ORGANIC PEARS AND APPLES
- GLUTEN FREE PENNE PASTA WITH VEGAN SAUSAGE, TOMATO AND BASIL SAUCE
- SMOOTHIE OF THE DAY

SANTA ROSA GRILL

• STEAK HOUSE PHILLY, SAUTÉED BELL PEPPERS, CRISPY ONIONS, A1 AND PROVOLONE, GARLIC AIOLI ON A FRESH BAKED HOAGIE

ANACAPA SALADS

- HAWAIIAN TUNA POKE SALAD WITH
 PINEAPPLE
- CRISPY BUFFALO CHICKEN SALAD WITH ICEBERG, TOMATOES, CELERY, ONIONS, OLIVES AND RANCH
- TRADITIONAL CAESAR SALAD
- TRIO OF BERRY AND GOAT CHEESE ORGANIC GREEN, RASPBERRY VINAIGRETTE
- CAPRESE SALAD, TOMATOES, BASIL AND FRESH MOZZARELLA
- PAN ASIAN VEGETABLE SALAD, SESAME GINGER VINAIGRETTE

ANACAPA SOUPS

- CHICKEN TORTILLA
- CHICKEN NOODLE
- VEGETABLE TORTILLA

SANTA CRUZ SWEETS

• FROZEN YOGURT AND COOKIES (LUNCH & DINNER)

THURSDAY FEBRUARY 9TH

SANTA CATALINA PIZZA AND PASTA

- MAMA MIA, BEEF RAVIOLIS, BACON, SAUSAGE, CHICKEN, MUSHROOMS AND BROCCOLI IN A MEAT SAUCE
- PIZZA DE JOUR AND CHEF'S FAVORITES

SANTA CATALINA MEXICAN GRILL

• BAJA BURRITO WITH CRISPY FISH, RICE, GUACAMOLE, SALSA VERDE, PICO DE GALLO AND QUESO FRESCO

FARMER'S MARKET

FRESH ORGANIC FRUIT

RS AND APPLES PENNE PASTA WITH

- CAN GRILL N E TOSTADA, LETTUCE, S
- I SAUCE DE JOUR AND CHEF'S

- PAN ASIAN ORGANIC LETTUCE WRAPS, SLAW WITH NAPA, ORANGES, SPROUTS, BAMBOO SHOOTS, CARROTS, SESAME DRESSING
- SMOOTHIE OF THE DAY

SANTA ROSA GRILL

• ALL AMERICAN 100% GRASS FED BURGER, CHEESE, LETTUCE, TOMATO, PICKLES, THOUSAND ISLAND SPREAD ON A POTATO BUN

ANACAPA SALADS

- HAWAIIAN TUNA POKE SALAD WITH PINEAPPLE
- CRISPY BUFFALO CHICKEN SALAD WITH ICEBERG, TOMATOES, CELERY, ONIONS, OLIVES AND RANCH
- TRADITIONAL CAESAR SALAD
- TRIO OF BERRY AND GOAT CHEESE ORGANIC GREEN, RASPBERRY VINAIGRETTE
- CAPRESE SALAD, TOMATOES, BASIL AND FRESH MOZZARELLA
- PAN ASIAN VEGETABLE SALAD, SESAME GINGER VINAIGRETTE

ANACAPA SOUPS

- CHICKEN TORTILLA
- HOT AND SOUR SOUP
- VEGETABLE TORTILLA

SANTA CRUZ SWEETS

 FROZEN YOGURT AND COOKIES (LUNCH & DINNER)

FRIDAY FEBRUARY 10TH

SANTA CATALINA PIZZA AND PASTA

• TORTELLINI AND CHICKEN ALFREDO WITH SAUSAGE, PEPPERS, TOMATOES AND ONIONS

- PIZZA DE JOUR AND CHEF'S FAVORITES
 SANTA CATALINA MEXICAN GRILL
 - CRISPY TACO SUPREME WITH GROUND BEEF, LETTUCE, SOUR CREAM, GUACAMOLE AND CHEESE

FARMER'S MARKET

- ORGANIC FRUITS
- MIDDLE EASTERN SAUTÉ, EGGPLANT, CHICK PEAS, TOMATOES, ONIONS, CARROTS AND SAUCE, GINGER, GARLIC AND VEGAN TANDOORI SAUCE, TRI COLOR COUSCOUS
- SMOOTHIE OF THE DAY
 SANTA ROSA GRILL
 - WESTERN BESTERN BBQ CHICKEN AND ONION RING BURGER ON BRIOCHE, SWISS, AVOCADO AND ROASTED RED PEPPERS

ANACAPA SALADS

- HAWAIIAN TUNA POKE SALAD WITH PINEAPPLE
- CRISPY BUFFALO CHICKEN SALAD WITH ICEBERG, TOMATOES, CELERY, ONIONS, OLIVES AND RANCH
- TRADITIONAL CAESAR SALAD
- TRIO OF BERRY AND GOAT CHEESE ORGANIC GREEN, RASPBERRY VINAIGRETTE
- CAPRESE SALAD, TOMATOES, BASIL
 AND FRESH MOZZARELLA
- PAN ASIAN VEGETABLE SALAD, SESAME GINGER VINAIGRETTE

ANACAPA SOUPS

- CHICKEN TORTILLA
- VEGETABLE TORTILLA
- CLAM CHOWDER

SANTA CRUZ SWEETS

FROZEN YOGURT AND COOKIES

SATURDAY & SUNDAY FEBRUARY 11TH & 12TH

- FULL SERVICE BREAKFAST GRILL
- OMELET STATION
- YOGURT BAR WITH ORGANIC GRANOLA
- ASSORTED DAILY HOT ENTREES
- SPECIALS
- CEREAL BAR
- FULL SALAD, FRUIT AND DRESSING
 STATION
- WAFFLE STATION
- SANTA ROSA GRILL

CHEF'S CHOICE

ANACAPA SALADS

- CHEF'S CHOICE
- FAMER'S MARKET STATION
- CHEF'S CHOICE
- SANTA CRUZ SWEETS
 - FROZEN TREATS AND COOKIES
 (BRUNCH AND DINNER)

ISLANDS CAFE DINING HALL

Hours: Monday – Friday:

Breakfast: 7am-10:30pm

Lunch: 10:30- 4pm

Dinner: 4pm-8pm

Saturday & Sunday: Brunch: 10am-2pm (Closed 2pm-4pm) Dinner: 4pm-8pm

Prices: Breakfast: \$7.00

Lunch/Brunch: \$9.25 Dinner: \$11.25

MONDAY FEBRUARY 6TH

SAN CLEMENTE ENTREES AND SIDES

LUNCH

- CHICKEN CAPRESE, TOMATO, FRESH MOZZARELLA AND PESTO, IN A LIGHT TOMATO SAUCE
- PARSLEY WHIPPED POTATOES
- ITALIAN VEGETABLE MEDLEY

DINNER

- CAPE COD CRAB CAKE, AVOCADO TARTAR SAUCE
- RICE PILAF
- VEGETABLE MEDLEY

SAN NICHOLAS DELI

 JALAPENO BLT ON FLAT BREAD WITH MOZZARELLA

SANTA ROSA BREAKFAST

 CHEESE BLINTZ WITH STRAWBERRY COMPOTE

SAN MIGUEL PAN ASIAN GRILL

- MANDARIN ORANGE CHICKEN
- STIR FRY NOODLES
- STEAMED RICE
- POT STICKER, WONTON OR EGGROLLS

SANTA CRUZ SWEETS

• FROZEN YOGURT AND COOKIES

TUESDAY FEBRUARY 7TH

SAN CLEMENTE ENTREES AND SIDES

- ANCHO GLAZED CHICKEN BREAST, AVOCADO PICO DE GALLO
- BLACK BEAN AND ROASTED CORN RICE
- FAJITA STYLE VEGETABLES

DINNER

- PANKO CRUSTED PORK LOIN, GREEN
 PEPPERCORN SAUCE
- HERB ROASTED POTATOES
- SAUTÉED SQUASH AND PEPPERS SAN NICHOLAS DELI
 - TURKEY, BRIE AND CRANBERRY CROISSANT

SANTA ROSA BREAKFAST

- CHEESE BLINTZ WITH STRAWBERRY
- СОМРОТЕ

SAN MIGUEL PAN ASIAN GRILL

- SWEET AND SOUR PORK WITH,
 DINISADDLES, ONLONG AND DEED
- PINEAPPLES, ONIONS AND PEPPERS STIR FRY NOODLES
- STEAMED RICE
- POT STICKER, WONTON OR EGGROLLS

SANTA CRUZ SWEETS

FROZEN YOGURT AND COOKIES

WEDNESDAY FEBRUARY 8TH

SAN CLEMENTE ENTREES AND SIDES

LUNCH

- BLACKENED BASA, CREAMY REMOULADE SAUCE
- WILD RICE PILAF
- GREEN BEANS AND VEGETABLE MEDLEY

DINNER

- CHERRY WOOD SMOKED PORK SPARE RIBS
 - ROASTED HERB RED POTATOES
- GARLIC SCENTED VEGETABLES

SAN NICHOLAS DELI

• PROSCIUTTO, BRIE, AND SAUTEED APPLES WITH ONIONS, GARLIC AIOLI ON A CROISSANT

SANTA ROSA BREAKFAST

CHEESE BLINTZ WITH STRAWBERRY
 COMPOTE

SAN MIGUEL PAN ASIAN GRILL

- TAI CHEN TEMPURA CHICKEN
- STIR FRY NOODLES
- STEAMED RICE
- POT STICKER, WONTON OR EGGROLLS
 SANTA CRUZ SWEETS

FROZEN YOGURT AND COOKIES

FROZEN YOGURT AND COOKIES

THURSDAY FEBRUARY 9TH

SAN CLEMENTE ENTREES AND SIDES

LUNCH

- BEEF CURRY WITH BELL PEPPERS AND
 ONIONS
- FRIED RICE
- STIR FRY VEGETABLES

DINNER

- CHICKEN ADOBO, SWEET SOY SAUCE
- PICKLE GINGER WHIPPED POTATOES
- BROCCOLI FLORETS

SAN NICHOLAS DELI

- ROAST BEEF AND PEPPER JACK
- CIABATTA WITH HORSE RADISH AIOLI

SANTA ROSA BREAKFAST

 BREAKFAST WITH BURRITO WITH CHEESE, EGG, HAM, BACON AND SAUSAGE

SAN MIGUEL PAN ASIAN GRILL

- SWEET THAI CHILI AND TEMPURA CHICKEN
- STIR FRY NOODLES
- STEAMED RICE
- POT STICKER, WONTON OR EGGROLLS

SANTA CRUZ SWEETS

• FROZEN YOGURT AND COOKIES

FRIDAY FEBRUARY 10TH

SAN CLEMENTE ENTREES AND SIDES

- COUNTRY FRIED CHICKEN
- **REDSKIN MASHED POTATOES**
- VEGETABLE MEDLEY

SAN NICHOLAS DELI

 CAPRESE FLAT BREAD WITH FRESH MOZZARELLA, BASIL AND TOMATOES

CHEESE, EGG, HAM, BACON AND

TEMPURA PORK AND PEPPER WITH

POT STICKER, WONTON OR EGGROLLS

YOGURT BAR WITH ORGANIC GRANOLA

FROZEN YOGURT AND COOKIES

FULL SERVICE BREAKFAST GRILL

ASSORTED DAILY HOT ENTREES

FULL SALAD, FRUIT AND DRESSING

BREAKFAST WITH BURRITO WITH

SANTA ROSA BREAKFAST

SAUSAGE

SAN MIGUEL PAN ASIAN GRILL

KOREAN SAUCE

STEAMED RICE

SATURDAY & SUNDAY

FEBRUARY 11TH & 12TH

OMELET STATION

SPECIALS

STATION

WAFFLE STATION

SMOOTHIE AND JUICE BAR

CEREAL BAR

SANTA CRUZ SWEETS

BREAKFAST

STIR FRY NOODLES