

## ISLANDS CAFE DINING HALL

Hours: Monday – Friday:

Breakfast: 7am-10:30pm

Lunch: 10:30- 4pm

Dinner: 4pm-8pm

Saturday & Sunday: Brunch: 10am-2pm

(Closed 2pm-4pm)

Dinner: 4pm-8pm

Prices: Breakfast: \$7.00

Lunch/Brunch: \$9.25

Dinner: \$11.25

## MONDAY OCTOBER 11<sup>TH</sup>

SAN CLEMENTE ENTREES AND SIDES

### DINNER

- MANDARIN ORANGE CHICKEN
- STEAM WHITE RICE
- STIR FRY VEGETABLE

SANTA ROSA BREAKFAST (7AM-1030AM)

- CHOICE OF SCRAMBLED EGGS, PANCAKES, BREAKFAST BACON OR SAUSAGE BURRITO, BACON OR SAUSAGE BREAKFAST SANDWICH, TATER TOTS
- **VEGAN/GF**—VEGAN CHEESE, GF PANCAKES, GF WRAPS AND GF BREAD AVAILABLE

SAN NICHOLAS DELI

- ALBACORE TUNA SALAD MELT, TOASTED SOURDOUGH, MELTED SWISS AND YOUR CHOICE OF TOPPINGS
- **VEGAN/GF**—HUMMUS MELT, TOASTED GF BREAD, MELTED VEGAN CHEESE AND YOUR CHOICE OF TOPPINGS

SANTA ROSA GRILL (1030AM-8PM)

- STEAK HOUSE PHILLY, SHAVED BEEF CIABATTA WITH SAUTÉED MUSHROOMS,

PEPPERS AND ONIONS, MARINARA AND PROVOLONE

- **VEGAN/GF**—STEAK HOUSE VEGAN BEEF GF BUN WITH SAUTÉED MUSHROOMS, PEPPERS AND ONIONS AND VEGAN CHEESE AND MARINARA

SANTA CATALINA MEXICAN GRILL

- CHICKEN STREET TACOS, CORN TORTILLAS, WITH YOUR CHOICE OF TOPPINGS CILANTRO, ONIONS, LIMES, JALAPENO AVOCADO SALSA & HABANERO SALSA
- **VEGAN/GF**— VEGAN STREET TACOS, CORN TORTILLAS, SWEET POTATO, CARROTS, ROASTED CORN & BLACK BEANS WITH YOUR CHOICE OF TOPPING CILANTRO, ONIONS, LIMES, JALAPENO AVOCADO SALSA & HABANERO SALSA

SANTA CATALINA PIZZA BY THE SLICE

- SELECTION OF THE PIZZA CHEF'S CREATION RANGING FROM TRADITIONAL TO NOT SO TRADITIONAL!

## TUESDAY OCTOBER 12<sup>TH</sup>

SAN CLEMENTE ENTREES AND SIDES

### DINNER

- PORK CHILE VERDE
- SPINACH RICE
- BLACK BEANS & HOMINY MEDLEY
- CORN TORTILLAS

SANTA ROSA BREAKFAST (7AM-1030AM)

- CHOICE OF SCRAMBLED EGGS, PANCAKES, BREAKFAST BACON OR SAUSAGE BURRITO, BACON OR SAUSAGE BREAKFAST SANDWICH, TATER TOTS
- **VEGAN/GF**—VEGAN CHEESE, GF PANCAKES, GF WRAPS AND GF BREAD AVAILABLE

SAN NICHOLAS DELI

- MEDITERRANEAN FLAT BREAD, HUMMUS, SPROUTS, CUCUMBERS, TOMATOES, FETA AND YOGURT SAUCE

- **VEGAN/GF**—GRILLED GF BREAD, VEGAN CHEESE, OLIVES AND ROASTED PEPPERS

SANTA ROSA GRILL (1030AM-8PM)

- CALI BURGER, ANGUS BEEF, PEPPER JACK CHEESE, AVOCADO RANCH, LETTUCE AND TOMATOES ON A SPECIALTY BUN
- **VEGAN/GF**—SAVORY GARDEN PATTY BURGER, , VEGAN CHEESE, AVOCADO VEGAN SPREAD, LETTUCE AND TOMATOES ON A GF BUN

SANTA CATALINA MEXICAN GRILL

## ITALIAN STYLE PASTA BAR

WITH YOUR CHOICES OF ALFREDO SAUCE OR MARINARA SAUCE, LOCAL VEGETABLES & SEASONAL INGREDIENTS

- **VEGAN/GF**—GLUTEN FREE PASTA AVAILABLE

SANTA CATALINA PIZZA BY THE SLICE

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## WEDNESDAY OCTOBER 13<sup>TH</sup>

SAN CLEMENTE ENTREES AND SIDES

### DINNER

- BAKED SALMON WITH LEMON DILL BEURRE BLANC
- WILD RICE PILAF
- SAUTÉED VEGETABLES

SANTA ROSA BREAKFAST (7AM-1030AM)

- CHOICE OF SCRAMBLED EGGS, PANCAKES, BREAKFAST BACON OR SAUSAGE BURRITO, BACON OR SAUSAGE BREAKFAST SANDWICH, TATER TOTS
- **VEGAN/GF**—VEGAN CHEESE, GF PANCAKES, GF WRAPS AND GF BREAD AVAILABLE

SAN NICHOLAS DELI

- TURKEY CLUB CROISSANT, BACON, LETTUCE, TOMATOES, CHOICE OF CHEESE, PESTO AIOLI

- **VEGAN/GF**—GRILLED VEGETABLE WRAP, HUMMUS, LETTUCE, TOMATOES, VEGAN CHEESE, GARLIC LEMON VEGAN AIOLI

SANTA ROSA GRILL (1030AM-8PM)

- PATTY MELT WITH CHOICE OF BEEF OR TURKEY BURGER, GRILLED ONIONS, THOUSAND ISLANDS DRESSING SWISS CHEESE ON GOLDEN SOURDOUGH
- **VEGAN/GF**— PATTY MELT VEGAN BURGER, GRILLED ONIONS, VEGAN THOUSAND ISLANDS DRESSING VEGAN CHEESE ON TOASTED GF BREAD

SANTA CATALINA MEXICAN GRILL

- PORK CARNITAS CHIMICHANGA BURRITO RICE BEANS, FRIED AND TOPPED WITH CHEESE AN AVOCADO PICO DE GALLO
- **VEGAN/GF**— FAJITA CHIMICHANGA BURRITO, RICE BEANS, FRIED AND TOPPED WITH VEGAN CHEESE AN AVOCADO PICO DE GALLO

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## THURSDAY OCTOBER 14<sup>TH</sup>

SAN CLEMENTE ENTREES AND SIDES

### DINNER

- CAROLINA BBQ SLOW ROASTED BEEF BRISKET
- BUTTERY WHIPPED POTATOES
- SEASONED VEGETABLE MEDLEY

SANTA ROSA BREAKFAST (7AM-1030AM)

- CHOICE OF SCRAMBLED EGGS, PANCAKES, BREAKFAST BACON OR SAUSAGE BURRITO, BACON OR SAUSAGE BREAKFAST SANDWICH, TATER TOTS
- **VEGAN/GF**—VEGAN CHEESE, GF PANCAKES, GF WRAPS AND GF BREAD AVAILABLE

SAN NICHOLAS DELI

- THE RANCH TRIO MELT, TURKEY, HAM AND ROAST BEEF WITH ORTEGA CHILI MELT WITH SWISS CHEESE AND RANCH
- **VEGAN/GF**—HUMMUS PLATTER, CUCUMBERS, RED BELL PEPPERS, CELERY AND BROCCOLI

**SANTA ROSA GRILL (1030AM-8PM)**

- MEATBALL SUB, ITALIAN RED SAUCE, SAVORY MEATBALLS AND MOZZARELLA CHEESE
- **VEGAN/GF**—VEGAN MEATBALL SUB GF BUN ITALIAN RED SAUCE, SAVORY VEGAN MEATBALLS AND MOZZARELLA CHEESE

**SANTA CATALINA MEXICAN GRILL**

- GROUND BEEF CRISPY TACO SUPREME, SEASONED BEEF, LETTUCE, PICO DE GALLO, SOUR CREAM AND TOMATILLO SALSA, RICE AND BEANS
- **VEGAN/GF**—VEGAN BEEF BURRITO SEASONED BEEF, ONIONS, CILANTRO, PICO DE GALLO AND HOME MADE SALSA, RICE AND BEANS, GF TORTILLA

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**FRIDAY OCTOBER 15<sup>TH</sup>**

**SAN CLEMENTE ENTREES AND SIDES**

**LUNCH/DINNER**

- KUNG PAO COMBO WITH SHRIMP AND CHICKEN, ONIONS, BELL PEPPERS, WATER CHESTNUTS, IN A SWEET AND SPICY SAUCE
- STEAM STICKY RICE
- STIR FRY CABBAGE, CARROTS, BROCCOLI AND PEPPERS

**SANTA ROSA BREAKFAST (7AM-1030AM)**

- CHOICE OF SCRAMBLED EGGS, PANCAKES, BREAKFAST BACON OR SAUSAGE BURRITO, BACON OR SAUSAGE BREAKFAST SANDWICH, TATER TOTS

- **VEGAN/GF**—VEGAN CHEESE, GF PANCAKES, GF WRAPS AND GF BREAD AVAILABLE

**SAN NICHOLAS DELI**

- SALAMI AND HAM CIABATTA, FRESH MOZZARELLA, TOMATOES, ONIONS AND PESTO MAYO TOASTED
- **VEGAN/GF**—ROASTED PEPPERS, TOMATOES AND ONIONS, SPINACH, VEGAN CHEESE MELT ON GF BREAD

**SANTA ROSA GRILL (1030AM-8PM)**

- FISH N CHIPS, BATTERED WILD COD, SERVED WITH CAJUN TARTAR SAUCE
- **VEGAN/GF**—VEGAN GRILLED CHEESE, TOMATOES, ONIONS SERVED WITH A CAJUN VEGAN DIPPING SAUCE

**SANTA CATALINA MEXICAN GRILL**

- BEEF BARBACOA TORTA, BEANS, LETTUCE, AVOCADO AND CHIPOTLE PICO DE GALLO, SALSA ROJA, QUESO FRESCO
- **VEGAN/GF**—FIRE ROASTED CORN, PEPPERS AND BLACK BEAN TORTA, LETTUCE, AVOCADO AND CHIPOTLE PICO DE GALLO, SALSA ROJA,

**SANTA CATALINA PIZZA BY THE SLICE**

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**SATURDAY OCTOBER 16<sup>TH</sup>**

**BREAKFAST (10am-2pm)**

- FULL SERVICE BREAKFAST BUFFET
- SCRAMBLED EGGS, BACON, SAUSAGE, CHEESE BLINTZ WITH STRAWBERRY SAUCE, TATER TOTS
- OMELET STATION
- YOGURT BAR WITH ORGANIC GRANOLA
- ASSORTED DAILY HOT ENTREES SPECIALS
- CEREAL BAR
- DELI, SALAD, AND FRUIT STATION

- HAMBURGERS, CHICKEN TENDERS AND GRILLED CHEESE

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**DINNER (4pm-8pm)**

**SAN CLEMENTE ENTREES AND SIDES**

- COUNTRY FRIED CHICKEN
- SOUTHERN MASHED POTATOES
- SEASONED BROCCOLI AND CARROTS

**SANTA CATALINA MEXICAN GRILL**

- GROUND BEEF TOSTADA SEASONED BEEF, ONIONS, CILANTRO, PICO DE GALLO AND HOME MADE SALSA, LETTUCE, BEANS, CHEESE, CHIPOTLE SAUCE
- **VEGAN/GF**—REFRIED BEANS AND SPANISH RICE TOSTADA, ONIONS, CILANTRO, PICO DE GALLO AND HOME MADE SALSA, LETTUCE, BEANS, CHEESE, CHIPOTLE SAUCE

**SAN NICHOLAS DELI**

- DELI, SALAD, AND FRUIT STATION

**SANTA ROSA GRILL**

- HAMBURGERS, CHICKEN TENDERS AND GRILLED CHEESE

**SUNDAY OCTOBER 17<sup>TH</sup>**

**BREAKFAST (10am-2pm)**

- FULL SERVICE BREAKFAST BUFFET
- SCRAMBLED EGGS, BACON, SAUSAGE, CHEESE BLINTZ WITH STRAWBERRY SAUCE, TATER TOTS
- OMELET STATION
- YOGURT BAR WITH ORGANIC GRANOLA
- ASSORTED DAILY HOT ENTREES SPECIALS
- CEREAL BAR
- DELI, SALAD, AND FRUIT STATION
- HAMBURGERS, CHICKEN TENDERS AND GRILLED CHEESE

**SANTA CATALINA PIZZA BY THE SLICE**

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**DINNER (4pm-8pm)**

**SAN CLEMENTE ENTREES AND SIDES**

- KETCHUP GLAZED MEATLOAF WITH BACON AND ONION GRAVY
- RICE PILAF
- GARDEN HERB SEASONED VEGETABLES

**SANTA CATALINA MEXICAN GRILL**

- BBQ CHICKEN QUESADILLA, CORN, BLACK BEANS AND PEPPER MEDLEY, BLENDED CHEESE, SOUR CREAM, PICO DE GALLO AND BBQ SAUCE
- **VEGAN/GF**—BBQ VEGAN CHICKEN QUESADILLA, CORN, BLACK BEANS AND PEPPER MEDLEY, VEGAN CHEESE, , PICO DE GALLO AND BBQ SAUCE GF TORTILLA

**SAN NICHOLAS DELI**

- DELI, SALAD, AND FRUIT STATION

**SANTA ROSA GRILL**

- HAMBURGERS, CHICKEN TENDERS AND GRILLED CHEESE

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