ISLANDS CAFE DINING HALL

**Hours:** Monday – Friday:
- Breakfast: 7am-10:30pm
- Lunch: 10:30- 4pm
- Dinner: 4pm-8pm
Saturday & Sunday: Brunch: 10am-2pm (Closed 2pm-4pm)
- Dinner: 4pm-8pm

**Prices:**
- Breakfast: $7.00
- Lunch/Brunch: $9.25
- Dinner: $11.25

**SAN CLEMENTE ENTREES AND SIDES**
**LUNCH AND DINNER**
- WHOLE ROASTED CHICKEN SIMMERED IN CREAM OF MUSHROOM, RICE PILAF
- VEGETABLE MEDLEY

**SANTA ROSA BREAKFAST (7AM-10:30AM)**
- CHOICE OF SCRABBLED EGGS, PANCAKES, BREAKFAST BACON OR SAUSAGE BURRITO, BACON OR SAUSAGE BREAKFAST SANDWICH, TATER TOTS
- VEGAN/GF— VEGAN EGGS, VEGAN CHEESE, GF PANCAKES, GF WRAPS AND GF BREAD AVAILABLE

**SAN NICHOLAS DELI**
- TURKEY BLT WRAP, HERB AIOI, SWISS, TOMATOES AND LETTUCE
- VEGAN/GF— HUMMUS, CUCUMBER AND ROASTED PEPPERS, SPINACH, TOMATOES AND ONIONS ON GF BREAD

**SAN ROSA GRILL (10:30AM-8PM)**
- GROUND BEEF FIESTA BOWL, SPANISH RICE, BLACK BEANS, MIX CHEESE, FIRE ROASTED CORN, PICO DE GALLO WITH AVOCADO, CHIPOTLE SAUCE
- VEGAN/GF— CHIPOTLE VEGAN BEEF FIESTA BOWL, SPANISH RICE, BLACK BEANS, FIRE ROASTED CORN, PICO DE GALLO WITH AVOCADO, VEGAN CHIPOTLE SAUCE

**SANTA ROSA BREAKFAST (7AM-10:30AM)**
- CHOICE OF SCRABBLED EGGS, PANCAKES, BREAKFAST BACON OR SAUSAGE BURRITO, BACON OR SAUSAGE BREAKFAST SANDWICH, TATER TOTS
- VEGAN/GF— VEGAN EGGS, VEGAN CHEESE, GF PANCAKES, GF WRAPS AND GF BREAD AVAILABLE

**SAN NICHOLAS DELI**
- CAPRESE CIABATTA, FRESH MOZZARELLA, TOMATOES, ONIONS BALSAMIC GLAZE AND PESTO MAYO TOASTED
- VEGAN/GF— CAPRESE MELT, VEGAN MOZZARELLA, TOMATOES, ONIONS BALSAMIC GLAZE AND SPINACH TOASTED, VEGAN CHEESE MELT ON GF BREAD

**SANTA ROSA GRILL (10:30AM-8PM)**
- ITALIAN MEATBALL SANDO ON ITALIAN ROLL, MOZZARELLA, MARINARA, PESTO AIOI,
- VEGAN/GF— ITALIAN VEGAN MEATBALLS ON GF BREAD, VEGAN MOZZARELLA, MARINARA, VEGAN/GF— ITALIAN STYLE PASTA BAR WITH YOUR CHOICES OF ALFREDO SAUCE OR MARINARA SAUCE, LOCAL VEGETABLES & SEASONAL INGREDIENTS
- VEGAN/GF— GLUTEN FREE PASTA AVAILABLE

**SANTA CRUZ SWEETS**
- ASSORTED COOKIES AND SWEET TREATS

**MONDAY OCTOBER 25TH**
**SANTA ROSA GRILL (10:30AM-8PM)**
- ITALIAN MEATBALL SANDO ON ITALIAN ROLL, MOZZARELLA, MARINARA, PESTO AIOI,
- VEGAN/GF— ITALIAN VEGAN MEATBALLS ON GF BREAD, VEGAN MOZZARELLA, MARINARA, VEGAN/GF— ITALIAN STYLE PASTA BAR WITH YOUR CHOICES OF ALFREDO SAUCE OR MARINARA SAUCE, LOCAL VEGETABLES & SEASONAL INGREDIENTS
- VEGAN/GF— GLUTEN FREE PASTA AVAILABLE

**SANTA CRUZ SWEETS**
- ASSORTED COOKIES AND SWEET TREATS

**TUESDAY OCTOBER 26TH**
**SANTA ROSA BREAKFAST (7AM-10:30AM)**
- CHOICE OF SCRABBLED EGGS, PANCAKES, BREAKFAST BACON OR SAUSAGE BURRITO, BACON OR SAUSAGE BREAKFAST SANDWICH, TATER TOTS
- VEGAN/GF— VEGAN EGGS, VEGAN CHEESE, GF PANCAKES, GF WRAPS AND GF BREAD AVAILABLE

**SAN NICHOLAS DELI**
- TURKEY BLT WRAP, HERB AIOI, SWISS, TOMATOES AND LETTUCE
- VEGAN/GF— HUMMUS, CUCUMBER AND ROASTED PEPPERS, SPINACH, TOMATOES AND ONIONS ON GF BREAD

**SAN ROSA GRILL (10:30AM-8PM)**
- ITALIAN MEATBALL SANDO ON ITALIAN ROLL, MOZZARELLA, MARINARA, PESTO AIOI,
- VEGAN/GF— ITALIAN VEGAN MEATBALLS ON GF BREAD, VEGAN MOZZARELLA, MARINARA, VEGAN/GF— ITALIAN STYLE PASTA BAR WITH YOUR CHOICES OF ALFREDO SAUCE OR MARINARA SAUCE, LOCAL VEGETABLES & SEASONAL INGREDIENTS
- VEGAN/GF— GLUTEN FREE PASTA AVAILABLE

**SANTA CRUZ SWEETS**
- ASSORTED COOKIES AND SWEET TREATS

**WEDNESDAY OCTOBER 27TH**
**SANTA ROSA BREAKFAST (7AM-10:30AM)**
- CHOICE OF SCRABBLED EGGS, PANCAKES, BREAKFAST BACON OR SAUSAGE BURRITO, BACON OR SAUSAGE BREAKFAST SANDWICH, TATER TOTS
- VEGAN/GF— VEGAN EGGS, VEGAN CHEESE, GF PANCAKES, GF WRAPS AND GF BREAD AVAILABLE

**SAN NICHOLAS DELI**
- TURKEY BLT WRAP, HERB AIOI, SWISS, TOMATOES AND LETTUCE
- VEGAN/GF— HUMMUS, CUCUMBER AND ROASTED PEPPERS, SPINACH, TOMATOES AND ONIONS ON GF BREAD

**SAN ROSA GRILL (10:30AM-8PM)**
- ITALIAN MEATBALL SANDO ON ITALIAN ROLL, MOZZARELLA, MARINARA, PESTO AIOI,
- VEGAN/GF— ITALIAN VEGAN MEATBALLS ON GF BREAD, VEGAN MOZZARELLA, MARINARA, VEGAN/GF— ITALIAN STYLE PASTA BAR WITH YOUR CHOICES OF ALFREDO SAUCE OR MARINARA SAUCE, LOCAL VEGETABLES & SEASONAL INGREDIENTS
- VEGAN/GF— GLUTEN FREE PASTA AVAILABLE

**SANTA CRUZ SWEETS**
- ASSORTED COOKIES AND SWEET TREATS

**THURSDAY OCTOBER 28TH**
**SANTA ROSA BREAKFAST (7AM-10:30AM)**
- CHOICE OF SCRABBLED EGGS, PANCAKES, BREAKFAST BACON OR SAUSAGE BURRITO, BACON OR SAUSAGE BREAKFAST SANDWICH, TATER TOTS
- VEGAN/GF— VEGAN EGGS, VEGAN CHEESE, GF PANCAKES, GF WRAPS AND GF BREAD AVAILABLE

**SAN NICHOLAS DELI**
- TURKEY BLT WRAP, HERB AIOI, SWISS, TOMATOES AND LETTUCE
- VEGAN/GF— HUMMUS, CUCUMBER AND ROASTED PEPPERS, SPINACH, TOMATOES AND ONIONS ON GF BREAD

**SAN ROSA GRILL (10:30AM-8PM)**
- ITALIAN MEATBALL SANDO ON ITALIAN ROLL, MOZZARELLA, MARINARA, PESTO AIOI,
- VEGAN/GF— ITALIAN VEGAN MEATBALLS ON GF BREAD, VEGAN MOZZARELLA, MARINARA, VEGAN/GF— ITALIAN STYLE PASTA BAR WITH YOUR CHOICES OF ALFREDO SAUCE OR MARINARA SAUCE, LOCAL VEGETABLES & SEASONAL INGREDIENTS
- VEGAN/GF— GLUTEN FREE PASTA AVAILABLE

**SANTA CRUZ SWEETS**
- ASSORTED COOKIES AND SWEET TREATS
• **VEGAN/GF—** VEGAN EGGS, VEGAN CHEESE, GF PANCAKES, GF WRAPS AND GF BREAD AVAILABLE
  **SAN NICHOLAS DELI**

• **ROAST BEEF AND PEPPER JACK CIABATTA WITH HORSE RADISH AIOLI**
  **SAN NICHOLAS DELI**

• **VEGAN/GF—** VEGAN CHICKEN AND CARAMELIZED ONION SANDO, CHOICE OF TOPPINGS MUSTARD AIOLI, GF BUN
  **SANTA ROSA GRILL (1030AM-8PM)**

• **TRADITIONAL FISH AND CHIPS, WITH CREAMY TARTAR SAUCE AND FRIES**
  **SAN NICHOLAS DELI**

• **VEGAN/GF—** GRILLED GF BREAD, HUMMUS AND VEGAN CHEESE WITH CHOICE OF TOPPINGS
  **SANTA ROSA GRILL (1030AM-8PM)**

• **BAJA CRISPY TOFU TACOS, CABBAGE, VEGAN CHIPOTLE SAUCE, VEGAN AVOCADO CREAM SALSA VERDE, PICO DE GALLO, RICE AND BEANS**
  **SANTA CATALINA MEXICAN GRILL**

• **OREO MUFFIN**
  **SANTA CRUZ SWEETS**

**FRIDAY OCTOBER 29TH**

**SAN CLEMENTE ENTREES AND SIDES**

**LUNCH/DINNER**

• **12 HOUR BRAISED POT ROAST WITH PAN GRAVY**
  **RICE PILAF**

• **LEMON SCENTED CARROTS, BROCCOLI AND PEPPER**
  **SANTA ROSA BREAKFAST (7AM-1030AM)**

• **SCRAMBLED EGGS, BACON, SAUSAGE, CHEF’S CHOICE BREAKFAST SIDE, TATER TOTS**
  **SAN NICHOLAS DELI**

• **TRADITIONAL FISH AND CHIPS, WITH CREAMY TARTAR SAUCE AND FRIES**
  **SAN NICHOLAS DELI**

• **VEGAN/GF—** VEGAN CHICKEN AND CARAMELIZED ONION SANDO, CHOICE OF TOPPINGS MUSTARD AIOLI, GF BUN
  **SANTA ROSA GRILL (1030AM-8PM)**

• **VEGAN/GF—** VEGAN EGG, VEGAN CHEESE, GF PANCAKES, GF WRAPS AND GF BREAD AVAILABLE
  **SAN NICHOLAS DELI**

• **SCRAMBLED EGGS, PANCAKES, BREAKFAST BACON OR SAUSAGE BURRITO, BACON OR SAUSAGE BREAKFAST SANDWICH, TATER TOTS**
  **SAN NICHOLAS DELI**

• **VEGAN/GF—** VEGAN EGGS, VEGAN CHEESE, GF PANCAKES, GF WRAPS AND GF BREAD AVAILABLE
  **SAN NICHOLAS DELI**

• **ROAST BEEF AND PEPPER JACK CIABATTA WITH HORSE RADISH AIOLI**
  **SAN NICHOLAS DELI**

• **VEGAN/GF—** GRILLED GF BREAD, HUMMUS AND VEGAN CHEESE WITH CHOICE OF TOPPINGS
  **SANTA ROSA GRILL (1030AM-8PM)**

• **BAJA CRISPY FISH TACOS, CABBAGE, CHIPOTLE SAUCE, AVOCADO CREAM SALSA VERDE, PICO DE GALLO, RICE AND BEANS**
  **SANTA CATALINA MEXICAN GRILL**

• **VEGAN/GF—** BAJA CRISPY TOFU TACOS, CABBAGE, VEGAN CHIPOTLE SAUCE, VEGAN AVOCADO CREAM SALSA VERDE, PICO DE GALLO, RICE AND BEANS
  **SANTA CATALINA MEXICAN GRILL**

• **VEGAN/GF—** VEGAN CHICKEN AND CARAMELIZED ONION SANDO, CHOICE OF TOPPINGS MUSTARD AIOLI, GF BUN
  **SANTA ROSA GRILL (1030AM-8PM)**

• **TRADITIONAL FISH AND CHIPS, WITH CREAMY TARTAR SAUCE AND FRIES**
  **SAN NICHOLAS DELI**

• **VEGAN/GF—** GRILLED GF BREAD, HUMMUS AND VEGAN CHEESE WITH CHOICE OF TOPPINGS
  **SANTA ROSA GRILL (1030AM-8PM)**

• **BAJA CRISPY FISH TACOS, CABBAGE, CHIPOTLE SAUCE, AVOCADO CREAM SALSA VERDE, PICO DE GALLO, RICE AND BEANS**
  **SANTA CATALINA MEXICAN GRILL**

• **VEGAN/GF—** BAJA CRISPY TOFU TACOS, CABBAGE, VEGAN CHIPOTLE SAUCE, VEGAN AVOCADO CREAM SALSA VERDE, PICO DE GALLO, RICE AND BEANS
  **SANTA CATALINA MEXICAN GRILL**

• **ASSORTED COOKIES AND SWEET TREATS**
  **SANTA CRUZ SWEETS**

**SATURDAY & SUNDAY OCTOBER 30TH & 31ST**

**BREAKFAST (10am-2pm)**

• **FULL SERVICE BREAKFAST BUFFET**
  **SAN NICHOLAS DELI**

• **HAMBURGERS, CHICKEN TENDERS, CORNDOG, AND GRILLED CHEESE**
  **SANTA CRUZ SWEETS**

**SATURDAY & SUNDAY OCTOBER 30TH & 31ST**

**DINNER (4pm-8pm)**

**SAN CLEMENTE ENTREES AND SIDES**

• **CHEF’S CHOICE OF DAILY HOT ENTREE**
  **SAN NICHOLAS DELI**

• **VEGAN/GF—** CHEF’S CHOICE OF SPECIAL
  **SAN NICHOLAS DELI**

• **HAMBURGERS, CHICKEN TENDERS, CORNDOG, AND GRILLED CHEESE**
  **SANTA CRUZ SWEETS**