

ISLANDS CAFE DINING HALL

Hours: Monday – Friday:

Breakfast: 7am-10:30pm

Lunch: 10:30- 4pm

Dinner: 4pm-8pm

Saturday & Sunday: Brunch: 10am-2pm

(Closed 2pm-4pm)

Dinner: 4pm-8pm

Prices: Breakfast: \$7.00

Lunch/Brunch: \$9.25

Dinner: \$11.25

MONDAY MARCH 13TH

SAN CLEMENTE ENTREES AND SIDES

- CHICKEN CAPRESE, TOPPED WITH TOMATOES, FRESH BASIL, AND TARRAGON CREAM SAUCE
- RICE PILAF
- LOCAL FARMED VEGETABLES

DINNER

- SANTA MARIA TRI TIP, BBQ AU JUS
- ROASTED RED POTATOES
- GARDEN VEGETABLE MEDLEY

SANTA ROSA BREAKFAST (7AM-1030AM)

- CHOICE OF SCRAMBLED EGGS, PANCAKES, BREAKFAST BACON OR SAUSAGE BURRITO OR QUESADILLA, BACON OR SAUSAGE BREAKFAST SANDWICH, ENGLISH MUFFIN OR HAM AND CHEESE EGG CROISSANT, TATER TOTS
- **VEGAN/GF**—VEGAN EGGS, VEGAN CHEESE, GF PANCAKES, GF WRAPS AND GF BREAD AVAILABLE

SAN NICHOLAS DELI

- BLACK FOREST HAM AND HARD SALAMI WITH AGED PROVOLONE, EXTRA VIRGIN OLIVE OIL, VINEGAR, MAYO, LETTUCE, TOMATO AND ONIONS ON SOURDOUGH
- **VEGAN/GF**—GRILLED GF BREAD, HUMMUS, AND VEGAN CHEESE WITH

SANTA ROSA GRILL (1030AM-8PM)

- BBQ CALI BURGER, BEEF PATTY, BACON, ONION RINGS, PEPPERJACK CHEESE, LETTUCE, TOMATOES, BBQ SAUCE ON BRIOCHE
- **VEGAN/GF**—VEGAN CHICKEN SANDWICH, LETTUCE, TOMATOES PROVOLONE CHEESE AND VEGAN RANCH AIOLI, GF BUN

SANTA CATALINA MEXICAN GRILL

- QUESO PASTOR QUESADILLA WITH MARINATED TENDER PORK AND CHEESE, WITH SOUR CREAM, ONIONS, AND CILANTRO
- **VEGAN/GF**—VEGAN CHEESE QUESADILLA, GF TORTILLA, VEGAN CREAM, ONIONS, AND CILANTRO

SANTA CATALINA PASTA & PIZZA

- SELECTION OF PASTA & PIZZA, CHEF'S CREATION RANGING FROM TRADITIONAL TO NOT SO TRADITIONAL!

HOMEMADE SOUPS

- GINGER CHICKEN, RICE, AND VEGETABLE
- VEGETABLE MISO SOUP WITH TOFU AND GREEN ONIONS

SANTA CRUZ SWEETS

ASSORTED COOKIES AND SWEET TREATS

TUESDAY MARCH 14TH

SAN CLEMENTE ENTREES AND SIDES

LUNCH

- HERB MARINATED CHICKEN BREAST WITH PESTO ALFREDO SAUCE
- RICE PILAF
- GARLIC SCENTED LOCAL FARMED VEGETABLES

DINNER

- PAN ROASTED TILAPIA, 3 CITRUS AND TOMATILLO SAUCE
- CUBAN BLACK BEANS
- CILANTRO RICE

SANTA ROSA BREAKFAST (7AM-1030AM)

- CHOICE OF SCRAMBLED EGGS, PANCAKES, BREAKFAST BACON OR SAUSAGE BURRITO OR QUESADILLA, BACON OR SAUSAGE BREAKFAST SANDWICH, ENGLISH MUFFIN OR HAM AND CHEESE EGG CROISSANT, TATER TOTS
- **VEGAN/GF**—VEGAN EGGS, VEGAN CHEESE, GF PANCAKES, GF WRAPS AND GF BREAD AVAILABLE

SAN NICHOLAS DELI

- HUMMUS, SPROUTS, TOMATOES, AVOCADO, TANDOORI AIOLI ON NAAN BREAD

SANTA ROSA GRILL (1030AM-8PM)

- BBQ BEEF HOAGIE WITH SOUTHERN SLAW, SWEET AND TANGY BBQ SAUCE
- **VEGAN/GF**—VEGAN CHICKEN SUB GF BUN WITH VINEGAR BASED SLAW AND BBQ SAUCE

SANTA CATALINA MEXICAN GRILL

- BURRITO MOJADO, PORK CARNITAS, RICE, BEANS, CHEESE, PICO DE GALLO, COVERED WITH RED SAUCE AND CHEESE
- **VEGAN/GF**—VEGAN BURRITO MOJADO, RICE, BEANS, VEGAN CHEESE, PICO DE GALLO, COVERED WITH RED SAUCE AND VEGAN CHEESE

SANTA CATALINA PASTA & PIZZA

- SELECTION OF PASTA & PIZZA, CHEF'S CREATION RANGING FROM TRADITIONAL TO NOT SO TRADITIONAL!

HOMEMADE SOUPS

- GINGER CHICKEN, RICE, AND VEGETABLE
- VEGETABLE MISO SOUP WITH TOFU AND GREEN ONIONS

SANTA CRUZ SWEETS

- ASSORTED COOKIES AND SWEET TREATS

WEDNESDAY MARCH 15th

WOW WEDNESDAY CHEF'S

SHOW CASE

PETER MAHER

DIRECTOR OF DINING SERVICES

"Asian /Asian American Pacific Islander

Themed Menu"

(11AM-2PM AND 5PM-8PM)

LUNCH AND DINNER

- CHARRED AHI TUNA TATAKI, WASABI CRÈME, CITRUS PONZU WITH MIZUNA SALAD
- MISO & SOY GLAZED BLACK BASS, WARM SHIITAKE VINAIGRETTE, GINGER BUTTER, BABY BOK CHOY AND CALROSE RICE

SAN CLEMENTE ENTREES AND SIDES

LUNCH

- MANDARIN ORANGE CHICKEN
- STEAM STICKY RICE
- SOY GINGER SPICED CARROTS, BROCCOLI, AND PEPPERS

DINNER

- BEEF AND BROCCOLI WITH ONIONS AND PEPPERS
- CILANTRO RICE
- SESAME BROCCOLI AND CARROTS

SANTA ROSA BREAKFAST (7AM-1030AM)

- CHOICE OF SCRAMBLED EGGS, PANCAKES, BREAKFAST BACON OR SAUSAGE BURRITO OR QUESADILLA, BACON OR SAUSAGE BREAKFAST SANDWICH, ENGLISH MUFFIN OR HAM AND CHEESE EGG CROISSANT
- **VEGAN/GF--** VEGAN EGGS, VEGAN CHEESE, GF PANCAKES, GF WRAPS AND GF BREAD AVAILABLE

SAN NICHOLAS DELI

- THAI CHICKEN AND PICKLED CUCUMBER SALAD LETTUCE WRAP, BUTTER LETTUCE, BROCCOLI SLAW, CILANTRO AND SWEET CHILI SAUCE
- **VEGAN/GF--** THAI PICKLED CUCUMBER SALAD LETTUCE WRAP, BUTTER LETTUCE, BROCCOLI SLAW, CILANTRO AND SWEET CHILI SAUCE

SANTA ROSA GRILL (1030AM-8PM)

- CHICKEN BANH-MI SANDWICH, FRENCH BAGUETTE, SESAME SOY AIOLI, MARINATED CUCUMBER, CARROTS, DAIKON, JALAPENO AND ONION SALAD WITH MINT
- **VEGAN/GF--** TOFU BANH-MI SANDWICH, GF BAGUETTE, VEGAN SESAME SOY AIOLI, MARINATED CUCUMBER, CARROTS, DAIKON, JALAPENO AND ONION SALAD WITH MINT

SANTA CATALINA MEXICAN GRILL

- GOCHUJANG BRAISED BEEF BURRITO, CHOPPED KIMCHI, SWEET AND SPICY MARINATED CABBAGE, CARROTS, ONIONS AND CILANTRO, SESAME WHITE RICE, SRIRACHA AIOLI
- **VEGAN/GF--** GOCHUJANG BAKED TOFU BURRITO, CHOPPED KIMCHI, SWEET AND SPICY MARINATED CABBAGE, CARROTS, ONIONS AND CILANTRO, SESAME WHITE RICE, VEGAN SRIRACHA AIOLI

SANTA CATALINA PASTA & PIZZA

- SELECTION OF PASTA & PIZZA, CHEF'S CREATION RANGING FROM TRADITIONAL TO NOT SO TRADITIONAL!

HOMEMADE SOUPS

- GINGER CHICKEN, RICE, AND VEGETABLE
- VEGETABLE MISO SOUP WITH TOFU AND GREEN ONIONS

SANTA CRUZ SWEETS

- ASSORTED COOKIES AND SWEET TREATS

THURSDAY MARCH 16TH

"HAPPY EARLY ST. PATRICKS DAY!"

SAN CLEMENTE ENTREES AND SIDES

LUNCH & DINNER

- TRADITIONAL CORNED BEEF WITH HONEY MUSTARD GLAZE
- BOILED RED POTATOES
- LOCALLY FARMED CABBAGE

SANTA ROSA BREAKFAST (7AM-1030AM)

- CHOICE OF SCRAMBLED EGGS, PANCAKES, BREAKFAST BACON OR SAUSAGE BURRITO OR QUESADILLA, BACON OR SAUSAGE BREAKFAST SANDWICH, ENGLISH MUFFIN OR HAM AND CHEESE EGG CROISSANT, TATER TOTS
- **VEGAN/GF--** VEGAN EGGS, VEGAN CHEESE, GF PANCAKES, GF WRAPS AND GF BREAD AVAILABLE

SAN NICHOLAS DELI

- TURKEY BLT CROISSANT, HERB AIOLI, SWISS, TOMATOES AND LETTUCE
- **VEGAN/GF--** HUMMUS, CUCUMBER AND ROASTED PEPPERS, SPINACH, TOMATOES AND ONIONS ON GF BREAD

SANTA ROSA GRILL (1030AM-8PM)

- RUEBEN SANDWICH, CORNED BEEF, SAUERKRAUT, SWISS, THOUSAND ISLANDS, RYE BREAD

- **VEGAN/GF--** VEGAN GRILLED CHEESE SANDWICH, LETTUCE, TOMATOES PROVOLONE CHEESE AND VEGAN CHIPOTLE AIOLI, GF BREAD

SANTA CATALINA MEXICAN GRILL

- CORNED BEEF BURRITO, WITH RICE, BEANS, SHAVED CABBAGE, HONEY CHIPOTLE AIOLI, SWISS CHEESE, PICO DE GALLO
- **VEGAN/GF--** VEGAN CHEESE QUESADILLA, GF TORTILLA, VEGAN CREAM, ONIONS, AND CILANTRO

SANTA CATALINA PASTA & PIZZA

- SELECTION OF PASTA & PIZZA, CHEF'S CREATION RANGING FROM TRADITIONAL TO NOT SO TRADITIONAL!

HOMEMADE SOUPS

- SPINACH, ORZO, AND TOMATO
- BEEF, MUSHROOM AND POTATO

SANTA CRUZ SWEETS

- ASSORTED COOKIES AND SWEET TREATS

FRIDAY MARCH 17TH

SAN CLEMENTE ENTREES AND SIDES

LUNCH & DINNER

- BLACKENED SALMON, STRAWBERRY SALSA, AND GARLIC LEMON CREAM SAUCE
- RICE PILAF
- LOCALLY FARMED VEGETABLES

SANTA ROSA BREAKFAST (7AM-1030AM)

- CHOICE OF SCRAMBLED EGGS, PANCAKES, BREAKFAST BACON OR SAUSAGE BURRITO OR QUESADILLA, BACON OR SAUSAGE BREAKFAST SANDWICH, ENGLISH MUFFIN OR HAM AND CHEESE EGG CROISSANT, TATER TOTS
- **VEGAN/GF--** VEGAN EGGS, VEGAN CHEESE, GF PANCAKES, GF WRAPS AND GF BREAD AVAILABLE

SAN NICHOLAS DELI

- CAPRESE FLAT BREAD WITH FRESH MOZZARELLA, BASIL, AND TOMATOES
- **VEGAN/GF--** VEGAN WRAP, TOMATOES, LETTUCE, VEGAN CHEESE VEGAN AIOLI ON GF TORTILLA

SANTA ROSA GRILL (1030AM-8PM)

- CALI FISH FILET SANDWICH, 2 PIECES OF CRISPY COD, BRIOCHE BUN, SHREDDED LETTUCE AND AVOCADO TARTAR SAUCE
- **VEGAN/GF--** VEGAN GRILLED CHEESE, TOMATOES, ONIONS SERVED WITH A CHIPOTLE VEGAN DIPPING SAUCE

SANTA CATALINA MEXICAN GRILL

- BAJA BURRITO WITH CRISPY FISH, RICE, GUACAMOLE, SALSA VERDE, PICO DE GALLO AND QUESO FRESCO, RICE AND BEANS
- **VEGAN/GF--** BAJA FAJITA VEGETABLE BURRITO, RICE, GUACAMOLE, SALSA VERDE, PICO DE GALLO AND GF WRAP, RICE, AND BEANS

SANTA CATALINA PASTA & PIZZA

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HOMEMADE SOUPS

- SPINACH, ORZO, AND TOMATO
- BEEF, MUSHROOM AND POTATO

SANTA CRUZ SWEETS

- ASSORTED COOKIES AND SWEET TREATS

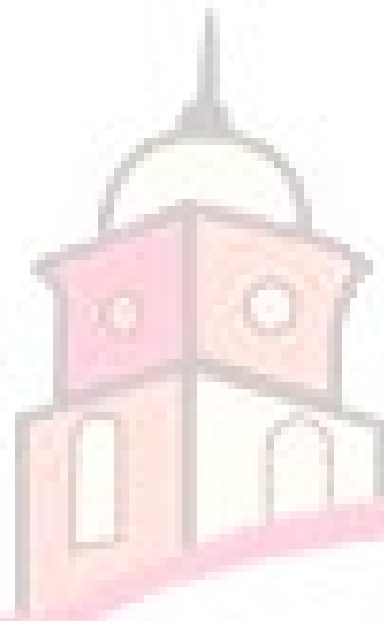
SATURDAY & SUNDAY

MARCH 18TH & 19TH

- **CLOSED**

HAVE A SAFE SPRING BREAK!

University



Auxiliary

Services