ISLANDS CAFE DINING HALL

Hours: Monday – Friday:

Breakfast: 7am-10:30pm

Lunch: 10:30-4pm Dinner: 4pm-8pm

Saturday & Sunday: Brunch: 10am-2pm

(Closed 2pm-4pm)
Dinner: 4pm-8pm

Prices: Breakfast: \$7.00

Lunch/Brunch: \$9.25

Dinner: \$11.25

BREAKFAST MONDAY'S TO

FRIDAY'S 7AM TO 10:30AM

"MADE TO ORDER"

- STRAWBERRY, BANANA, OR CHOCOLATE CHIP PANCAKES
- GLUTEN FREE PANCAKES
- BREAKFAST BURRITOS
- SUNRISE BREAKFAST SANDWICHES
- SELECT OMELETS
- BREAKFAST QUESADILLAS
- TATER TOTS
- EGG WHITES AND VEGAN EGGS AVAILABLE

"STATIONED ITEMS"

- FRESH WHOLE AND SLICED FRUITS
- BAGELS AND HOUSE BAKED BREAKFAST PASTRIES
- CEREAL BAR
- OATMEAL WITH ALL THE TOPPINGS
- ASSORTED YOGURTS AND COTTAGE CHEESE
- FULL BEVERAGE STATION

MONDAY MAY 13TH

SAN CLEMENTE ENTREES AND SIDES

LUNCH

- HERB GRILLED CHICKEN BREAST WITH PESTO SUNDRIED TOMATO SAUCE
- RICE PILAF
- GARLIC SCENTED LOCAL FARMED VEGETABLES

DINNER

- STEAK MARSALA, SLICES OF TENDER STEAK
 WITH MUSHROOMS AND MARSALA
 CREAM SAUCE
- GARLIC WHIPPED POTATOES
- ITALIAN VEGETABLE MEDLEY

SAN NICHOLAS DELI

 TURKEY, ORTEGA CHILI, PEPPERJACK CHEESE ON TOASTED TELERA ROLL

SANTA ROSA GRILL 4PM TO 8PM

WHAM BURGER, BEEF PATTY TOPPED
WITH SLICED HAM, SWISS, THOUSAND
ISLANDS, LETTUCE, TOMATO ON BRIOCHE,
WITH SWEET POTATO FRIES

SANTA CATALINA MEXICAN GRILL 4PM TO 8PM

- CALIFORNIA CHICKEN BURRITO, ANCHO SPICED CHICKEN, CHEESE, REFRIED BEANS, SEASONED SWEET POTATO FRIES, PICO DE GALLO, AND AVOCADO CREAM SAUCE ON FLOUR TORTILLA
- CALIFORNIA VEGAN CHICKEN BURRITO, VEGAN CHEESE, REFRIED BEANS, SEASONED SWEET POTATO FRIES, PICO DE GALLO, AND AVOCADO VEGAN CREAM SAUCE ON GF TORTILLA

SOUPS

- CHICKEN TORTILLA
- VEGETARIAN LENTIL

TUESDAY MAY 14TH LUNCH

- BAKED CHICKEN WITH FLORENTINE SAUCE, SPINACH AND ARTICHOKE CREAM SAUCE
- MASHED POTATOES
- BALSAMIC GLAZED ROASTED VEGETABLES

DINNER

- MISO GLAZED SALMON, GINGER/SHIITAKE
 MUSHROOM BEURRE BLANC SAUCE
- CALROSE AND FORBIDDEN RICE
- SWEET SOY GLAZED STIR FRY VEGETABLES

SAN NICHOLAS DELI

SILVIA'S FAMOUS CHICKEN SALAD
 CROISSANT WITH DRIED CRANBERRIES,
 CELERY AND LITE MAYO

SANTA ROSA GRILL

 EIFFEL TOWER CRISPY CHICKEN PATTY, FRIED CHICKEN, HAM AND MELTED SWISS, HONEY MUSTARD, LETTUCE, TOMATOES ON BRIOCHE

SANTA CATALINA MEXICAN GRILL

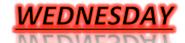
- CREOLE SHRIMP TACOS, CAJUN SPICED SHRIMP, SAUTÉED BELL PEPPERS, ONIONS, LETTUCE, AVOCADO DE GALLO, CHIPOTLE AIOLI
- CREOLE VEGGIE TACOS, CAJUN SPICED
 CORN AND BLACK BEANS, SAUTÉED BELL
 PEPPERS, ONIONS, LETTUCE, AVOCADO DE
 GALLO, VEGAN CHIPOTLE AIOLI

SOUPS

- CHICKEN TORTILLA
- VEGETARIAN LENTIL

WEDNESDAY MAY 15TH





SAN CLEMENTE ENTREES AND SIDES

LUNCH

- TRADITIONAL BUFFALO SAUCE
- ASIAN GINGER BBQ SAUCE
- CHIPOTLE LIME QUINOA PILAF

DINNER

- MANDARIN ORANGE CHICKEN
- VEGETABLE CHOW MEIN
- SOY GINGER SPICED CARROTS, BROCCOLI,
 AND PEPPERS

SAN NICHOLAS DELI

 ROAST BEEF, PEPPER JACK, AND ARUGULA CIABATTA WITH HORSERADISH & BALSAMIC AIOLI

SANTA ROSA GRILL (1030AM-8PM)

 PESTO GRILLED CHICKEN EVERYTHING BRIOCHE BUN, WITH FRESH MOZZARELLA, BASIL PESTO, AND BALSAMIC GLAZE

SANTA CATALINA MEXICAN GRILL

- BURRITO MOJADO, BEEF BARBACOA, RICE, BEANS, CHEESE, PICO DE GALLO, COVERED WITH RED SAUCE AND CHEESE
- VEGAN BURRITO MOJADO, RICE, BEANS,
 VEGAN CHEESE, PICO DE GALLO, COVERED
 WITH RED SAUCE AND VEGAN CHEESE

HOMEMADE SOUPS

- CHICKEN TORTILLA
- VEGETARIAN LENTIL

SANTA CRUZ SWEETS

ASSORTED COOKIES AND SWEET TREATS

THURSDAY MAY 16TH

SAN CLEMENTE ENTREES AND SIDES LUNCH

- KOREAN BBQ GRILLED CHICKEN THIGHS,
- SWEET AND TANGY SOY GLAZE
 SESAME SCENTED STEAMED RICE
- BROCCOLI FLORETS

DINNER

- BBQ TRI TIP
- CREAMY MAC AND CHEESE
- GARLIC GREEN BEANS

SAN NICHOLAS DELI

- TURKEY BLT FLATBREAD, HERB AIOLI, SWISS, TOMATOES AND LETTUCE
- HUMMUS, CUCUMBER AND ROASTED PEPPERS, SPINACH, TOMATOES AND ONIONS ON GF BREAD

SANTA ROSA GRILL (1030AM-8PM)

- CHILI BACON CHEESEBURGER, PICKLES, ONIONS, TOMATOES WITH CHIPOTLE AIOLI, PRETZEL BUN
- VEGAN GRILLED CHEESE SANDWICH, LETTUCE, TOMATOES VEGAN CHEESE AND VEGAN CHIPOTLE AIOLI, SOURDOUGH BREAD

SANTA CATALINA MEXICAN GRILL

- GROUND BEEF CRISPY TACO SUPREME, SEASONED BEEF, LETTUCE, TOMATOES, ONIONS, PICO DE GALLO, PICKLED JALAPENO AND SOUR CREAM
- VEGAN GROUND BEEF CRISPY TACO SUPREME, SEASONED VEGAN CHICKEN, LETTUCE, TOMATOES, ONIONS, PICO DE GALLO, PICKLED JALAPENO AND VEGAN CREAM

HOMEMADE SOUPS

- NEW ENGLAND CLAM CHOWDER
- VEGETARIAN BLACK BEAN SOUP

SANTA CRUZ SWEETS

ASSORTED COOKIES AND SWEET TREATS
 FRIDAY MAY 17TH

FAREWELL SURF AND TURF

SAN CLEMENTE ENTREES AND SIDES

LUNCH & DINNER

- "HARRIS RANCH" GRASS FED NEW YORK STRIP STEAK, SAUTEED WARM WATER WILD SHRIMP IN LEMON BUTTER SAUCE
- SPINACH ARTICHOKE AND PARMESAN WHIPPED POTATOES
- LOCALLY FARMED VEGETABLES

SAN NICHOLAS DELI

- CAPRESE FLAT BREAD WITH FRESH MOZZARELLA, BASIL, AND TOMATOES
- VEGAN WRAP, TOMATOES, LETTUCE, VEGAN CHEESE VEGAN AIOLI ON GF TORTILLA

SANTA ROSA GRILL (1030AM-8PM)

- PUB FRIED WILD COD HOAGIE, LETTUCE, TOMATOES, PICKLES SERVED WITH TARTAR SAUCE AND LEMON WEDGES
- VEGAN GRILLED CHEESE, SOURDOUGH, TOMATOES, ONIONS SERVED WITH A CAJUN VEGAN DIPPING SAUCE

SANTA CATALINA MEXICAN GRILL

- CHICKEN TAQUITOS WITH LETTUCE, SOUR CREAM, PICO DE GALLO AND QUESO FRESCO, SERVED WITH REFRIED BLACK BEANS AND CILANTRO RICE
- VEGAN CHICKEN QUESADILLA, WITH VEGAN CHEESE, VEGAN AVOCADO CREAM AND PICO DE GALLO

HOMEMADE SOUPS

- NEW ENGLAND CLAM CHOWDER
- VEGETARIAN BLACK BEAN SOUP

SANTA CRUZ SWEETS

ASSORTED COOKIES AND SWEET TREATS

SATURDAY & SUNDAY
MAY 18TH & 19TH
CLOSED

