# **ISLANDS CAFE DINING HALL**

**Hours:** Monday – Friday:

Breakfast: 7am-10:30pm Lunch: 10:30- 4pm Dinner: 4pm-8pm

Saturday & Sunday: Brunch: 10am-2pm

(Closed 2pm-4pm) Dinner: 4pm-8pm

Prices: Breakfast: \$7.00 Lunch/Brunch: \$9.25 Dinner: \$11.25 MONDAY APRIL 25<sup>TH</sup>

**SAN CLEMENTE ENTREES AND SIDES** 

# LUNCH

- ORANGE CHICKEN
- STEAM RICE
- BABY BOK CHOY AND CARROTS

# DINNER

- CHICKEN CAPRESE WITH FRESH MOZZARELLA CHEESE, TOMATO AND PESTO CREAM SAUCE
- RICE PILAF
- VEGETABLES MEDLEY

# **SANTA ROSA BREAKFAST (7AM-1030AM)**

- CHOICE OF SCRAMBLED EGGS, PANCAKES, BREAKFAST BACON OR SAUSAGE BURRITO OR QUESADILLA, BACON OR SAUSAGE BREAKFAST SANDWICH, ENGLISH MUFFIN OR HAM AND CHEESE EGG CROISSANT, TATER TOTS
- VEGAN/GF—VEGAN EGGS, VEGAN CHEESE, GF PANCAKES, GF WRAPS AND GF BREAD AVAILABLE

#### SAN NICHOLAS DELI

- JALAPENO BLT, PROVOLONE CHEESE ON SOURDOUGH BREAD
- VEGAN/GF-- HUMMUS, CUCUMBER AND ROASTED PEPPERS, SPINACH, TOMATOES AND ONIONS ON GF BREAD

**SANTA ROSA GRILL (1030AM-8PM)** 

- PASTRAMI MALT, WITH SAUTÉED ONIONS, SWISS CHEESE & THOUSAND ISLAND DRESSING ON WHET BREAD
- VEGAN/GF—VEGAN CHICKEN AVAILABLE ON GLUTEN FREE BREAD

### SANTA CATALINA MEXICAN GRILL

- CRISPY FISH TACO WITH CHIPOTLE COLESLAW, PICO DE GALLO AND AVOCADO CREAM SAUCE ON FOUR TORTILLA
- VEGAN/GF—CRISPY TOFU TACO WITH CHIPOTLE COLESLAW, PICO DE GALLO, VEGAN AVOCADO AIOLI ON CORN TORTILLA

## SANTA CATALINA PIZZA BY THE SLICE

- MEDITERRANEAN PENNE PASTA ( GLUTEN FREE PASTA AVAILABLE) ASSORTED PIZZA HOMEMADE SOUPS
- TREE BEANS AND SAUSAGE SOUP
- VEGETARIAN SPLIT PEA SOUP

## SANTA CRUZ SWEETS

ASSORTED COOKIES AND SWEET TREATS

# **TUESDAY APRIL 26<sup>TH</sup>**

# **SAN CLEMENTE ENTREES AND SIDES**

## **LUNCH**

- CHICKEN FRESCO WITH TOMATOES, ARTICHOKES, OLIVES AND HERB SAUCE
- RICE PILAF
- GARDEN VEGETABLES

# DINNER

- BAKED SALMON WITH LEMON DILL SAUCE
- ROASTED POTATOES
- RED PEPPER SPICED GREEN BEANS

### SANTA ROSA BREAKFAST (7AM-1030AM)

 CHOICE OF SCRAMBLED EGGS, PANCAKES, BREAKFAST BACON OR SAUSAGE BURRITO OR QUESADILLA, BACON OR SAUSAGE BREAKFAST SANDWICH, ENGLISH MUFFIN OR HAM AND CHEESE EGG CROISSANT, TATER TOTS  VEGAN/GF—VEGAN EGGS, VEGAN CHEESE, GF PANCAKES, GF WRAPS AND GF BREAD AVAILABLE

#### SAN NICHOLAS DELI

- ROASTED BEEF WITH LETTUCE, TOMATOES, SWISS CHEESE & HORSERADISH AIOLI ON CIABATTA BREAD
- VEGAN/GF—ARUGULA, AVOCADO,
  ARTICHOKE AND HUMMUS ON GF BREAD

# SANTA ROSA GRILL (1030AM-8PM)

- CRISPY CHICKEN SANDWICH WITH LETTUCE, TOMATOES, PROVOLONE CHEESE AND CHIPOTLE AIOLI
- VEGAN/GF—VEGAN CHICKEN SANDWICH
  WITH LETTUCE, TOMATOES, VEGAN CHEESE
  AND VEGAN CHIPOTLE AIOLI ON GF BUN

#### SANTA CATALINA MEXICAN GRILL

- CHILE VERDE PORK BURRITO WITH RICE,
   BEANS, CHEESE AND PICO DE GALLO
- VEGAN/GF— VEGAN BURRITO WITH FIRE CORN, BLACK BEAN, RICE, VEGAN CHEESE AND SALSA VERDE ON GF TORTILLA

### SANTA CATALINA PIZZA BY THE SLICE

- PENNE CHICKEN PICATTA
   ( GLUTEN FREE PASTA AVAILABLE)
   ASSORTED PIZZA
   HOMEMADE SOUPS
- TREE BEANS AND SAUSAGE SOUP
- VEGETARIAN SPLIT PEA SOUP

#### SANTA CRUZ SWEETS

ASSORTED COOKIES AND SWEET TREATS

# WEDNESDAY APRIL 27<sup>TH</sup>

# **SAN CLEMENTE ENTREES AND SIDES**

## **LUNCH**

- TERIYAKI CHICKEN THIGHS
- STEAM JASMINE RICE
- BROCCOLI AND CARROTS

# **DINNER**

CHILI LIME TILAPIA WITH LEMON HERB SAUCE

- WILD RICE BLEND PILAF
- GARDEN VEGETABLES

# SANTA ROSA BREAKFAST (7AM-1030AM)

- CHOICE OF SCRAMBLED EGGS, PANCAKES, BREAKFAST BACON OR SAUSAGE BURRITO OR QUESADILLA, BACON OR SAUSAGE BREAKFAST SANDWICH, ENGLISH MUFFIN OR HAM AND CHEESE EGG CROISSANT
- VEGAN/GF—VEGAN EGGS, VEGAN CHEESE, GF PANCAKES, GF WRAPS AND GF BREAD AVAILABLE

### SAN NICHOLAS DELI

- TUNA MEAT WITH SWISS CHEESE, LETTUCE TOMATOES ON WHEAT BREAD
- VEGAN/GF—VEGAN GRILL CHEESE

## SANTA ROSA GRILL (1030AM-8PM)

- LUAU BURGER WITH PINEAPPLE, TERIYAKI, SWISS CHEESE, JALAPENO BACON LETTUCE, TOMATOES & ONIONS ON BRIOCHE BUN
- VEGAN/GF—VEGAN VEGIE BURGER WITH VEGAN CHEESE, LETTUCE, TOMATOES AND ONIONS ON GF BUN

#### SANTA CATALINA MEXICAN GRILL

- GROUND BEEF NACHO SUPREME, SEASONED BEEF, BEANS, NACHO CHEESE, PICO DE GALLO, PICKLED JALAPENO AND SOUR CREAM
- VEGAN/GF-- VEGAN BEEF BURRITO
   SEASONED BEEF, PICO DE GALLO AND HOME-MADE SALSA, RICE AND BEANS, GF TORTILLA

#### SANTA CATALINA PIZZA BY THE SLICE

- BOWTIE PASTA WITH ITALIAN SAUSAGE AND MARINARA SAUCE
  ( GLUTEN FREE PASTA AVAILABLE)
  ASSORTED PIZZA
  HOMEMADE SOUPS
- TREE BEANS AND SAUSAGE SOUP
- VEGETARIAN SPLIT PEA SOUP

#### SANTA CRUZ SWEETS

ASSORTED COOKIES AND SWEET TREATS

# THURSDAY APRIL 28<sup>TH</sup>

SAN CLEMENTE ENTREES AND SIDES

# **LUNCH**

- CHICKEN CORDON BLEU WITH DIJON CREAM SAUCE
- RICE PILAF
- VEGETABLE MEDLEY

# **DINNER**

- SLOW ROASTED PRIME RIP WITH, COUNTRY PAN GRAVY
- BAKED POTATOES
- GARDEN VEGETABLES

# **SANTA ROSA BREAKFAST (7AM-1030AM)**

- CHOICE OF SCRAMBLED EGGS, PANCAKES, BREAKFAST BACON OR SAUSAGE BURRITO OR QUESADILLA, BACON OR SAUSAGE BREAKFAST SANDWICH, ENGLISH MUFFIN OR HAM AND CHEESE EGG CROISSANT, TATER TOTS
- VEGAN/GF—VEGAN EGGS, VEGAN CHEESE, GF PANCAKES, GF WRAPS AND GF BREAD AVAILABLE

## SAN NICHOLAS DELI

- DYNAMIC DUO WITH HAM, BACON, HONEY MUSTARD, ROASTED PEPPERS, ONIONS ON GRILLED FLAT BREAD
- VEGAN/GF-- HUMMUS, CUCUMBER AND ROASTED PEPPERS, SPINACH, TOMATOES AND ONIONS ON GF BREAD

#### SANTA ROSA GRILL (1030AM-8PM)

- FILLY CHEESE STEAK SANDWICH WITH SAUTÉED BELL PEPPERS & ONIONS
- VEGAN/GF—VEGAN BEEF AVAILABLE, WITH SAUTÉED BELL PEPPERS & ONIONS ON GLUTEN FRIENDLY BUN

## SANTA CATALINA MEXICAN GRILL

- ASANDA STREET TACOS WITH CILANTRO, ONIONS, RADISHES AND AVOCADO SALSA
- VEGAN/GF—VEGAN STREET TACO WITH FIRE ROASTED CORN, BLACK BEANS, CILANTRO, ONION, RADISHES & AVOCADO SALSA

SANTA CATALINA PIZZA BY THE SLICE

 PENNE AURORA WITH CREAMED TOMATO SAUCE, MUSHROOM, PEPPERS & CHICKEN (GLUTEN FREE PASTA AVAILABLE)
 ASSORTED PIZZA

## **HOMEMADE SOUPS**

- TURKEY NOODLE SOUP
- VEGETARIAN TOMATO SOUP

### **SANTA CRUZ SWEETS**

- ASSORTED COOKIES AND SWEET TREATS
- FRIDAY APRIL 29<sup>TH</sup>

# **SAN CLEMENTE ENTREES AND SIDES**

## **LUNCH**

- CHICKEN PARMESAN
- RICE PILAF
- GREEN BEANS AND GARLIC

## **DINNER**

- PORK LOIN WITH CARAMELIZED APPLES
- ROASTED HERB POTATOES
- GARDEN VEGETABLES

## SANTA ROSA BREAKFAST (7AM-1030AM)

- CHOICE OF SCRAMBLED EGGS, PANCAKES, BREAKFAST BACON OR SAUSAGE BURRITO OR QUESADILLA, BACON OR SAUSAGE BREAKFAST SANDWICH, ENGLISH MUFFIN OR HAM AND CHEESE EGG CROISSANT, TATER TOTS
- VEGAN/GF—VEGAN EGGS, VEGAN CHEESE, GF PANCAKES, GF WRAPS AND GF BREAD AVAILABLE

#### SAN NICHOLAS DELI

- TURKEY BLT WRAP WITH BACON, TOMATO, LETTUCE, PEPPER JACK CHEESE & RANCH DRESSING
- VEGAN/GF— VEGAN WRAP, TOMATOES, LETTUCE, VEGAN CHEESE VEGAN AIOLI ON GF TORTILLA

### SANTA ROSA GRILL (1030AM-8PM)

 ITALIAN CHICKEN SANDO WITH FRESH MOZZARELLA, MARINARA SAUCE, PESTO AIOLI SAUTÉED PEPPERS AND ONIONS ON CIABATTA BREAD VEGAN/GF—ITALIAN VEGAN CHICKEN
 SANDO WITH VEGAN CHEESE, MARINARA,
 SAUTEE BELL PEPPERS AND ONION ON GF
 BUN

## **SANTA CATALINA MEXICAN GRILL**

- CHIPOTLE CHICKEN FIESTA BOWL WITH RICE BLACK BEANS, MIX CHEESE, PICO DE GALLO, SOUR CREAM AND CHIPOTLE SAUCE
- VEGAN/GF—CHIPOTLE VEGAN FIESTA BOWL
  WITH RICE, BLACK BEANS, VEGAN CHEESE,
  PICO DE GALLO AND VEGAN CHIPOTLE
  SAUCE

# **SANTA CATALINA PIZZA BY THE SLICE**

BOW TIE BOLOGNESE (MEAT SAUCE)
 ( GLUTEN FREE PASTA AVAILABLE)
 ASSORTED PIZZA

### **HOMEMADE SOUPS**

- TURKEY NOODLE SOUP
- VEGETARIAN TOMATO SOUP

### SANTA CRUZ SWEETS

ASSORTED COOKIES AND SWEET TREATS

# **SATURDAY & SUNDAY**

APRIL 30<sup>TH</sup> AND MAY 1<sup>ST</sup>

# BREAKFAST (10am-2pm)

- FULL SERVICE BREAKFAST BUFFET
- SCRAMBLED EGGS, BACON, SAUSAGE, CHEF'S CHOICE BREAKFAST SIDE, TATER TOTS
- CHOICE OF SCRAMBLED EGGS, PANCAKES, BREAKFAST BACON OR SAUSAGE BURRITO OR QUESADILLA, BACON OR SAUSAGE BREAKFAST SANDWICH, ENGLISH MUFFIN OR HAM AND CHEESE EGG CROISSANT, TATER TOTS
- OMELET STATION
- YOGURT BAR WITH ORGANIC GRANOLA
- ASSORTED DAILY HOT ENTREES SPECIALS
- CEREAL BAR
- DELI, SALAD, AND FRUIT STATION
- HAMBURGERS, CHICKEN TENDERS AND GRILLED CHEESE

#### SANTA CATALINA PIZZA BY THE SLICE

 SELECTION OF THE PIZZA CHEF'S CREATION RANGING FROM TRADITIONAL TO NOT SO TRADITIONAL!

# DINNER (4pm-8pm)

## SAN CLEMENTE ENTREES AND SIDES

- CHEF'S CHOICE OF DAILY HOT ENTREE
- CHEF'S CREATION OF SIDES

### SANTA CATALINA MEXICAN GRILL

CHEF'S CREATION

### **SAN NICHOLAS DELI**

• DELI, SALAD, AND FRUIT STATION

# SANTA ROSA GRILL

 HAMBURGERS, CHICKEN TENDERS, CORNDOG, AND GRILLED CHEESE